Keynote Address by Rosemary Napper and Drª Gloria Noriega at the ITAA Conference, Lima, Peru, 6 August 2009
TA GENERATIONS

ERIC BERNE

[Diagram showing generations with different colors and branches]
WHAT KIND OF TRANSACTIONAL ANALYST AM I?
ROOTS

Sigmund Freud
1856-1939
ROOTS

1910-1970
HOW DO WE THINK ABOUT TA?

Schools?

Theories?

Styles?

Traditions?

Lenses?

Approaches?

Guru figures?

Perspectives?

Cultures?
CULTURAL INFLUENCES ON & FROM TA

Europe 1990s
Europe 1980s
Latin America
Australia
Asia 1970s
Europe

Globalism
WW2
Existentialism
1950s USA
1960s
Games People Play

1990s
1980s
1970s
1960s
A CULTURAL HEALTH WARNING

Your Culture is OK

My Culture is OK

GLOBAL
OPEN-MINDED
INCLUSIVE

WE- THEY+

WE+ THEY+

My Culture is Not OK

WE- THEY-

WE+ THEY-

Your Culture is Not OK

MISANTHROPIC

XENOPHOBIC

XENOPHILIC
“I’m a cognitive transactional analyst.”

The Script, 2007

Fanita English
NEW LIFE FROM OLD ROOTS

ERIC BERNE

CLASSICAL Cognitive & Behavioural

CLASSICAL Psychoanalytic
ERIC BERNE
1910 - 1970
CLASSICAL Psychoanalytic TA

1\textsuperscript{st} edition, 1947
— published as
*The Mind in Action*

2\textsuperscript{nd} edition, 1957

3\textsuperscript{rd} edition, 1968
— names TA
GROUP & SYSTEMIC TA

1963

1966
TA Psychotherapy develops

- Tuesday night seminars, 1958
- ITAA founded, 1964
CLASSICAL Cognitive & Behavioural TA

1964

1970
And POSTHUMOUS PUBLICATIONS

1972

1974
FERTILE GROUND

CLASSICAL Cognitive & Behavioural TA
CLASSICAL Psychoanalytic TA
CLASSICAL TA continues in the 1970s

- SCRIPT MATRIX Steiner
- DRAMA TRIANGLE Karpman
- EGOGRAMS Dusay
- PERMISSION & PROTECTION Crossman
- DRIVERS & MINISCRIP'T Kawler
- RACKET FEELINGS English
- OPTIONS Karpman
- STROKE ECONOMY Steiner
- OK CORRAL Ernst
- RACKET SYSTEM Erskine & Zalcman
- SELF RE-PARENTING James
- CYCLES OF DEVELOPMENT Levin

...with a cognitive and behavioural approach
CLASSICAL TA continues to develop — 1980s onwards

- DOORSWare
- PROCESS COMMUNICATION MODEL Kahler
- Publication of TA TODAY Stewart & Joines
- PARENT EDUCATION Illsley Clark
- PERSONALITY ADAPTATIONS Ware, Kahler (and later Joines & Stewart)
- FUNCTIONAL FLUENCY Temple
...and spin-offs develop...

Process Communication 1970s

Taibi Kahler

Imago 1980s

Harville Hendrix

Constellations 1990s

Bert Hellinger

...with own qualifications beyond and separate to TA
Developing TA in Latin America

Roberto Kertesz
CATHEXIS 1970s

- FRAME OF REFERENCE
- PASSIVE BEHAVIOURS
- DISCOUNT LEVELS
- DISCOUNT MATRIX
- REDEFINING & BLOCKING TRANSACTIONS
- GRANDIOSITY
- SYMBIOSIS
- RE-PARENTING

Jacqui Schiff
Aaron Schiff
Eric Schiff
Ken Mellor
REDECISION 1970s

Bob Goulding

Mary Goulding

John McNeel
Vann Joines
Ken Mellor

- REDECIDE SCRIPT SCENES
- IMPASSE
- INJUNCTIONS

& GESTALT INFLUENCES
RADICAL PSYCHIATRY

Hogie Wykoff
Alan Jacobs
Valerie Batts

Claude Steiner

• STROKE ECONOMY
• PIG PARENT
• POWER PLAYS
• AUTOCRACY
• TARGET/ NON TARGET
And the significance of some key contributions to TA theory are only recognised over time

- Bill Cornell’s paper on scripts
- Petruska Clarkson’s wide-ranging work
- Pio Scilligo’s writing on ego-states
- Leonhard Schlegel’s writing on theory and his contribution to spreading TA in Europe
INTEGRATIVE TA – also a spin-off

REBECCA TRAUTMANN
Charlotte Christoph-Lemke
Landy Gobes
Janet Moursund
Marye O’Reilly-Knapp

- INTEGRATED EGO STATES
- INQUIRY, ATTUNEMENT, INVOLVEMENT
- RELATIONSHIP-SEEKING MOTIVATION
- EMPATHY

Richard Erskine
CO-CREATIVE TA

Jim & Barbara Allen
Graeme Summers
Keith Tudor
Jo Stuthridge

• NARRATIVE / STORYING
• CONSTRUCTION OF MEANING
• CREATE NEW MEANINGS
• INTEGRATING ADULT EGO-STATE
• NON-CONSCIOUS
• INTER-DEPENDENCE & HOMONOMY
CLASSICAL psychoanalytic TA

Carlo Moiso

Michele Novellino
CLASSICAL psychoanalytic TA

... continues to develop

Carlo Moiso
Michele Novellino
Frances Bonds-White
Bill Cornell
Gloria Noriega
Petruska Clarkson
Resi Tosi
Susanna Ligabue

• TRANSFERENCES
• CONTINUAL SCRIPTING PROCESS
• SCRIPT PROTOCOL
AND...

Helena Hargaden

Charlotte Sills
...also develops into RELATIONAL TA

Charlotte Sills
Helena Hargaden
Ray Little
Heather Fowlie

- TRANSFORMATIVE TRANSFERRENCE
- 3rd ORDER STRUCTURAL ANALYSIS – THE REAL SELF
- EMPATHIC INTERVENTIONS
- 2-WAY STREET
‘INDEPENDENT’ TA

For example, Bill Cornell combined body therapy and CLASSICAL TA prior to contemporary psycho-analysis informing his TA thinking and writing versus A BIT of (almost) EVERYTHING
Are there other perspectives?
TRANSACTIONAL ANALYSIS EVOLVES...

...and keeps evolving
MORE FERTILE GROUND

INDEPENDENT

RELATIONAL

CO-CREATIVE

INTEGRATIVE

RADICAL

REDECISION

Cognitive & Behavioural

Psychoanalytic
Integration of TA with Psychodynamic Theory, 1995

Peg Blackstone
Transgenerational Scripts, 2008

Gloria Noriega
Psychotherapy with the Parent Ego-State, 1994

Sharon Dashiell Kackman  
John McNeel
Applied TA in Parent Education, 1995

Jean Illsley Clark
Hot Potato Transmission & Episcript, 1997

Fanita English
Permission Ritual Therapy, 2004

Pearl Drego
Integration of TA with Personality Adaptations & Redecision Therapy, 1994

Vann Joines
Autocratic Power, 1996

Alan Jacobs
Integrative Psychotherapy, 1998

Rebecca Trautmann
Psychopathology of Schizophrenia, Alcoholism & Homosexuality, 2005

Graham Barnes
Measuring the Effectiveness of TA, 2006

Theodore Novey
What does each TA approach mean by…

Or…?

First or second order…?

Cure?
A Medical Model

Growth?
An Evolutionary Model

Acceptance?
An Inclusion Model

CHANGE?

WHERE IS THE TA INTERVENTION FOCUSED?

Does the field of application make a difference?
Different Orientations of the Four Fields of TA

- Psychotherapy
- Counselling
- Organisational
- Educational
Purposes of each Field

**Organisational TA:**
- to increase the effectiveness of people working in organisations, taking into account the organisational context, frames of reference and development

**Educational TA:**
- to advance personal and professional learning and growth, both scholastic and social

**Counselling TA:**
- to increase autonomy in relation to social, professional and cultural environments by developing greater awareness, options and skills for problem management and personal development in daily life

**Psychotherapy TA:**
- to facilitate healing, change and self-actualisation through greater understanding of self and relationships, in the past and present, and the creation of conscious, creative and spontaneous options for the future
Counselling TA
Currently primarily uses psychotherapy concepts

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BERNE
Organisational TA

Bernd Schmid
# Organisational TA

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THE FUTURE OF TA?

new TA theory?

incorporate theory from other psychologies?

other TA fields of application?

develop theory of practice?
A psychological perspective describes coherently...

- What is personality?
- What is a human being?
- What are relationships?
- How do we communicate?
- How does change occur?
- What is development?
- How to practise?
- What is the context or system?
A special thanks in preparing this powerpoint goes to:

- Alastair Wyllie (Scotland)
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This PowerPoint presentation has been designed by Rosemary Napper, TSTA