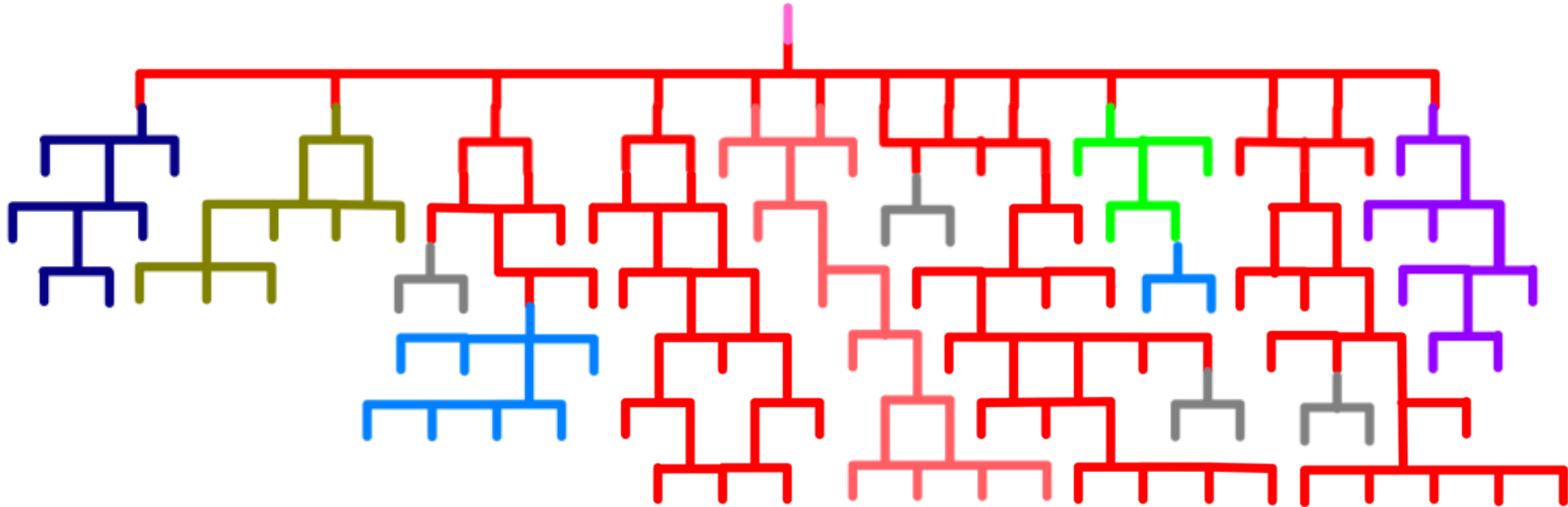


**A HISTORICAL
ANALYSIS
OF
TATHEORY**

Keynote Address by
Rosemary Napper and
Dr^a Gloria Noriega
at the ITAA Conference,
Lima, Peru,
6 August 2009

TA GENERATIONS

ERIC BERNE



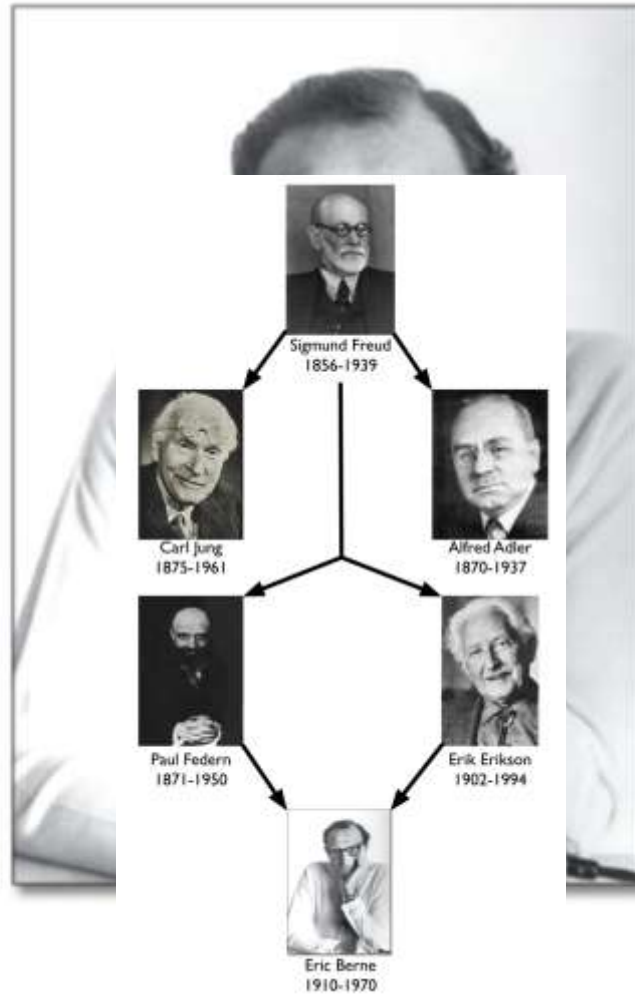
WHAT KIND OF
TRANSACTIONAL
ANALYST
AM I?

ROOTS



Sigmund Freud
1856-1939

ROOTS



1910-1970

HOW DO WE THINK ABOUT TA?

Theories?

Schools?

Styles?

Traditions?

Lenses?

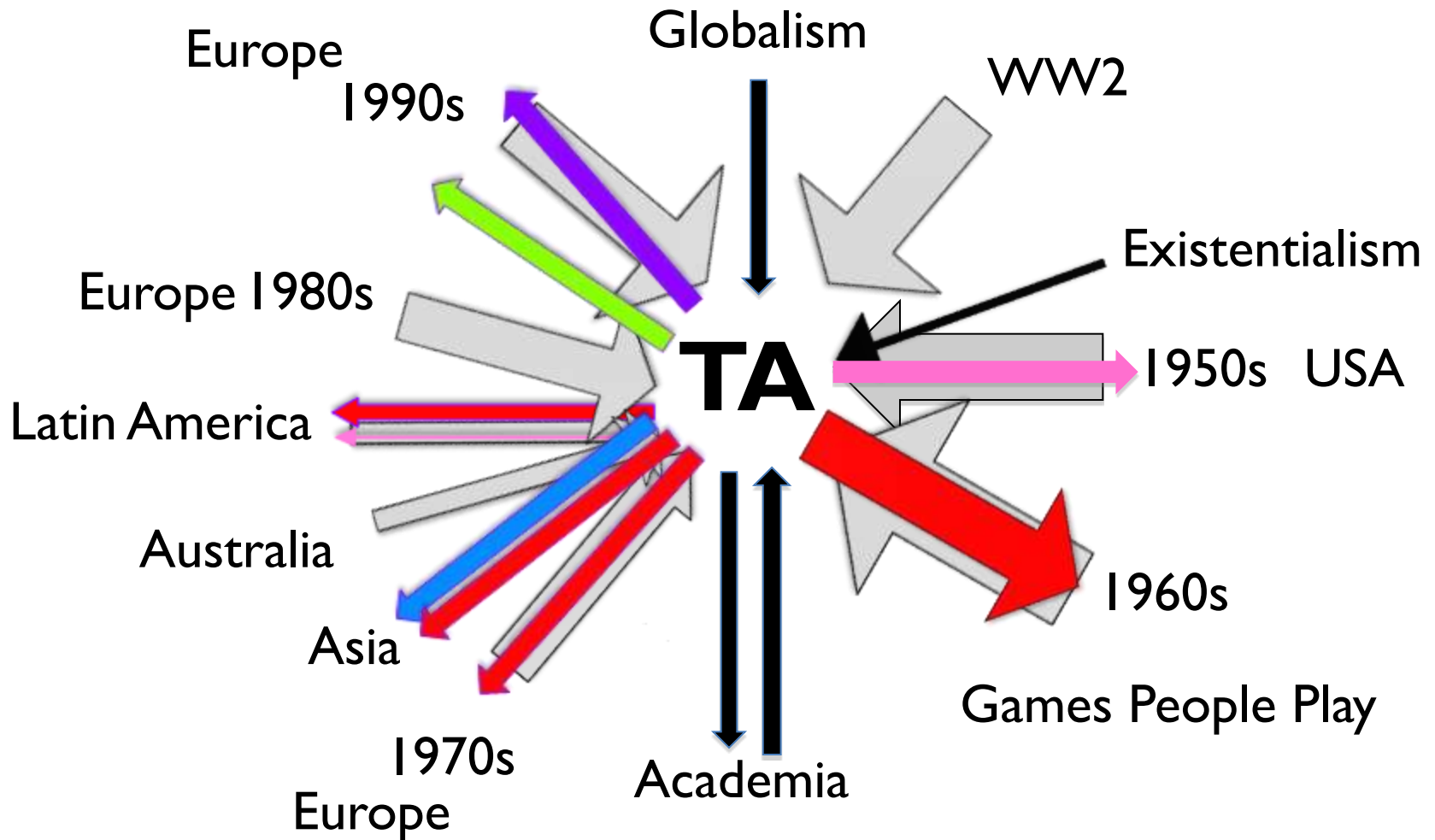
Approaches?

Guru figures?

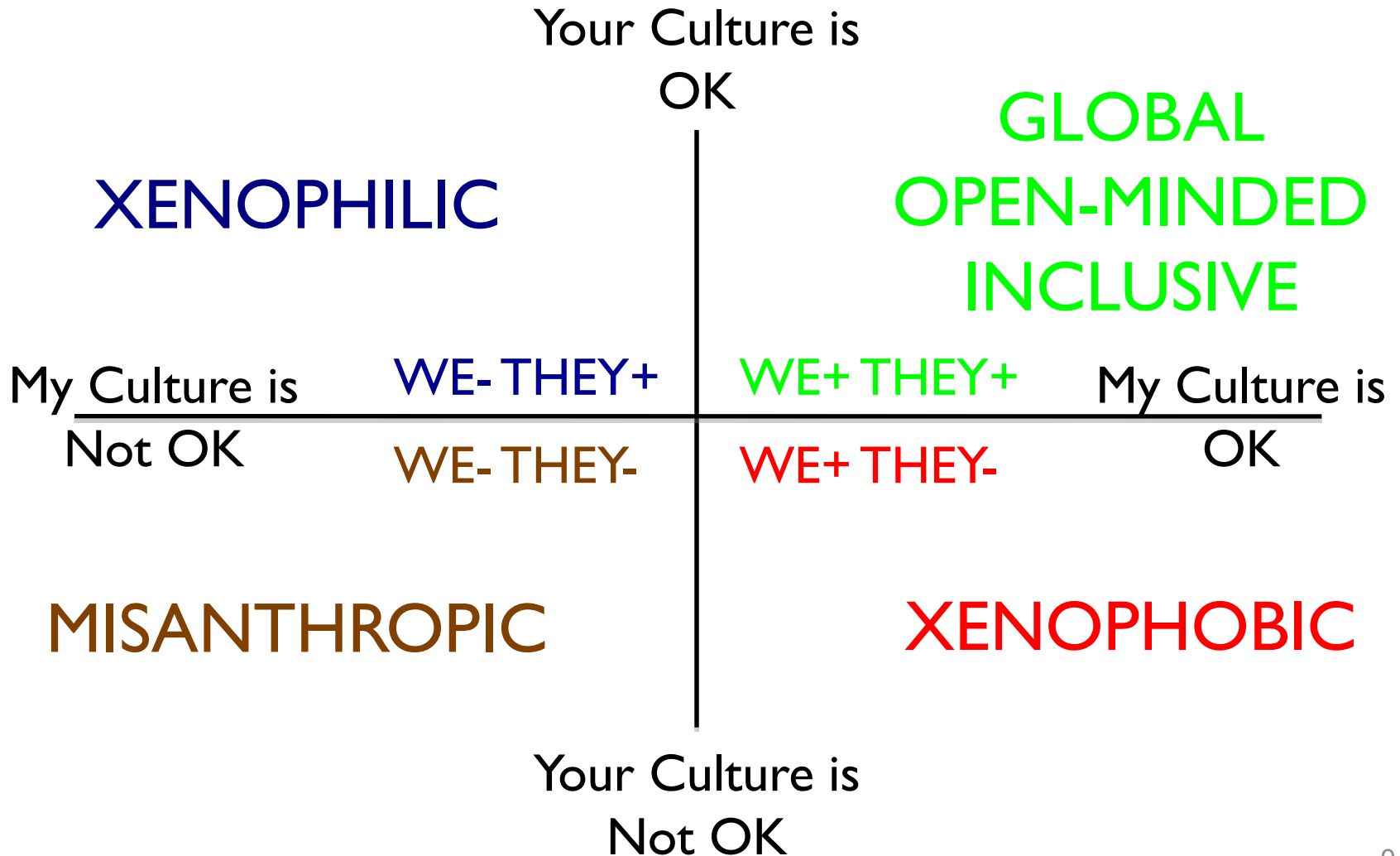
Perspectives?

Cultures?

CULTURAL INFLUENCES ON & FROM TA



A CULTURAL HEALTH WARNING



“I’m a cognitive transactional analyst.”

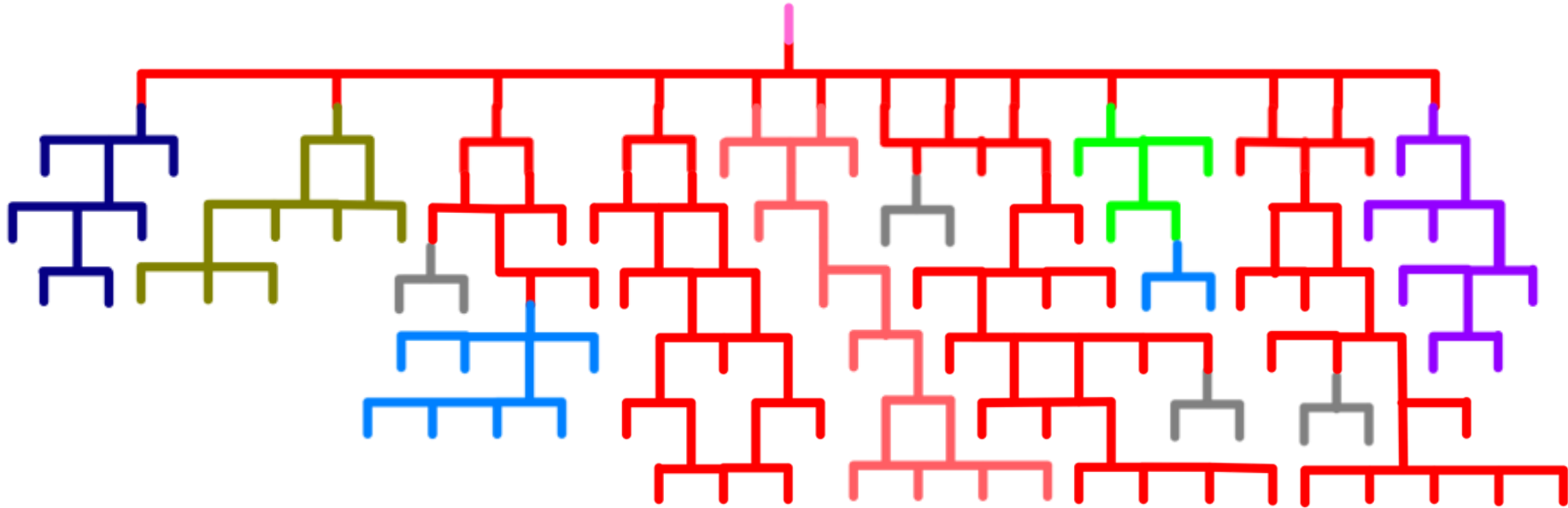
The Script, 2007



Fanita English

NEW LIFE FROM OLD ROOTS

ERIC BERNE



CLASSICAL Cognitive & Behavioural

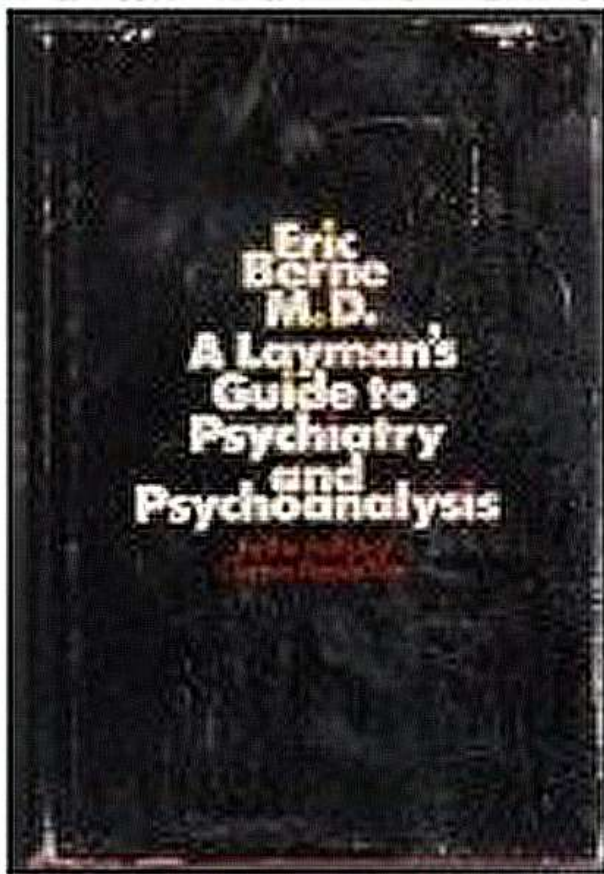
CLASSICAL Psychoanalytic

ERIC BERNE

1910 - 1970

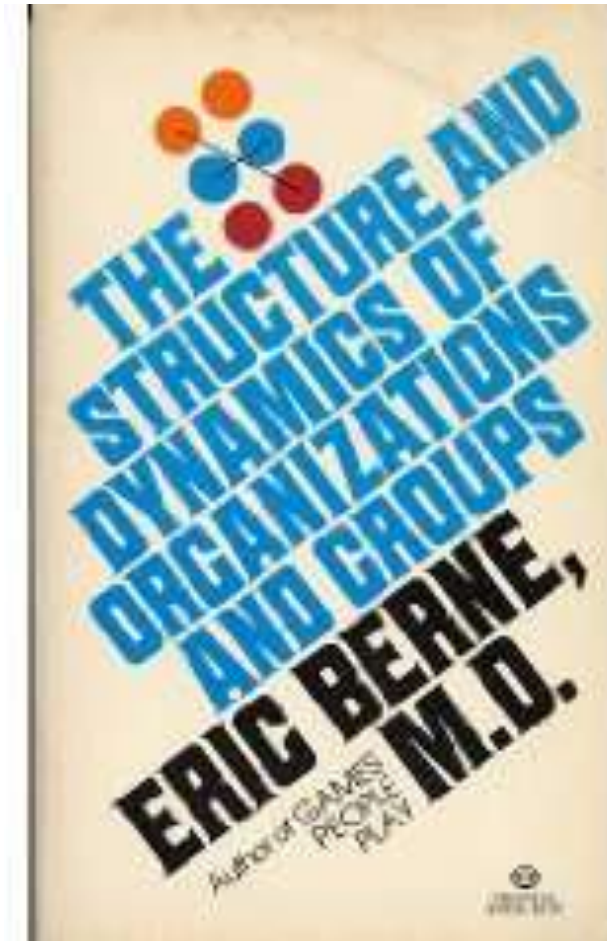


CLASSICAL Psychoanalytic TA

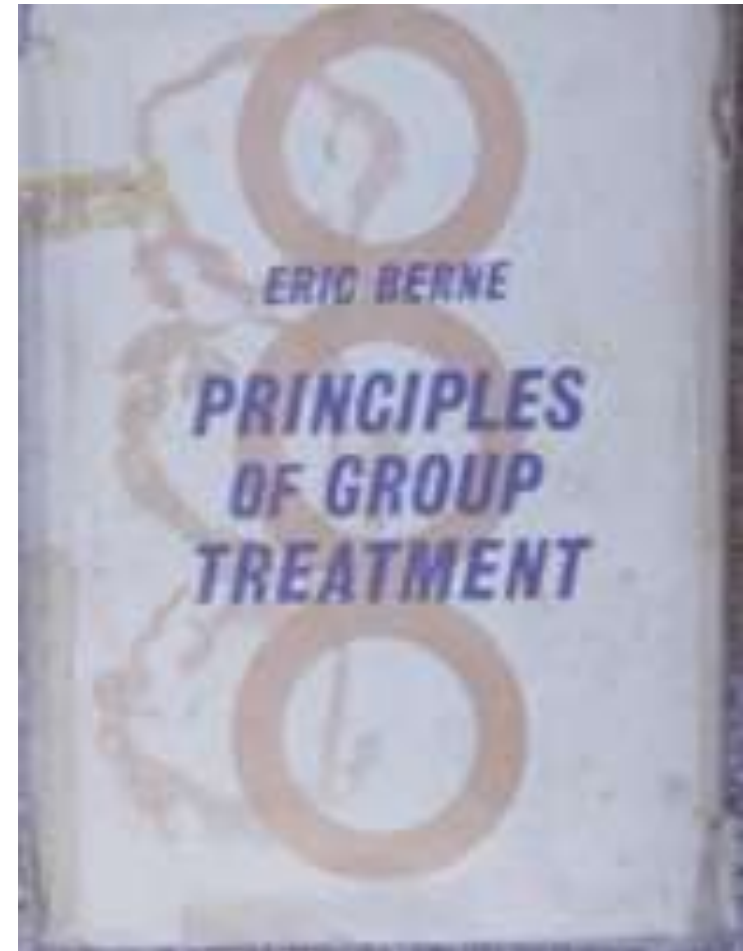


- 1st edition, 1947
— published as *The Mind in Action*
- 2nd edition, 1957
- 3rd edition, 1968
— names TA

GROUP & SYSTEMICTA

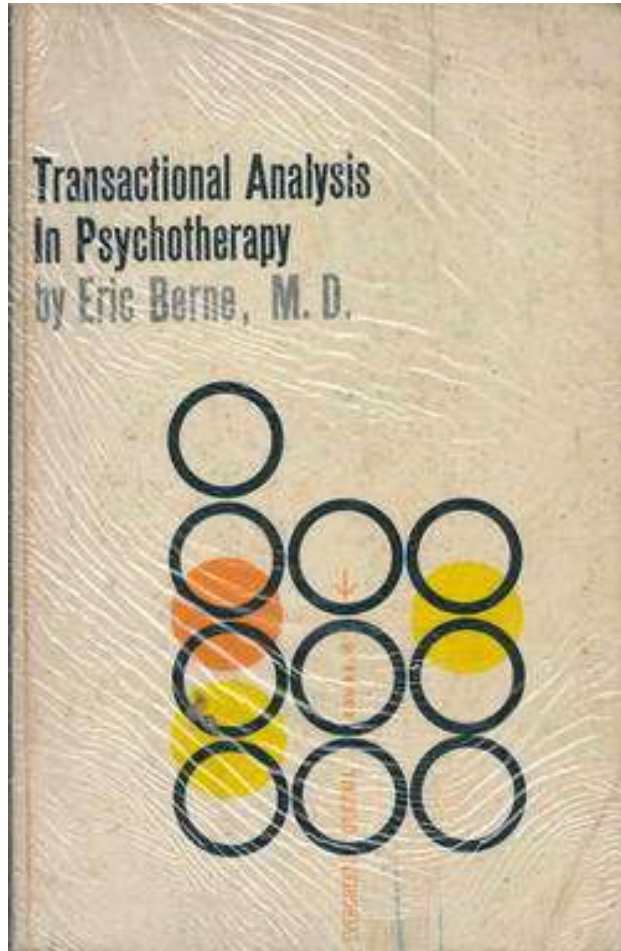


1963



1966

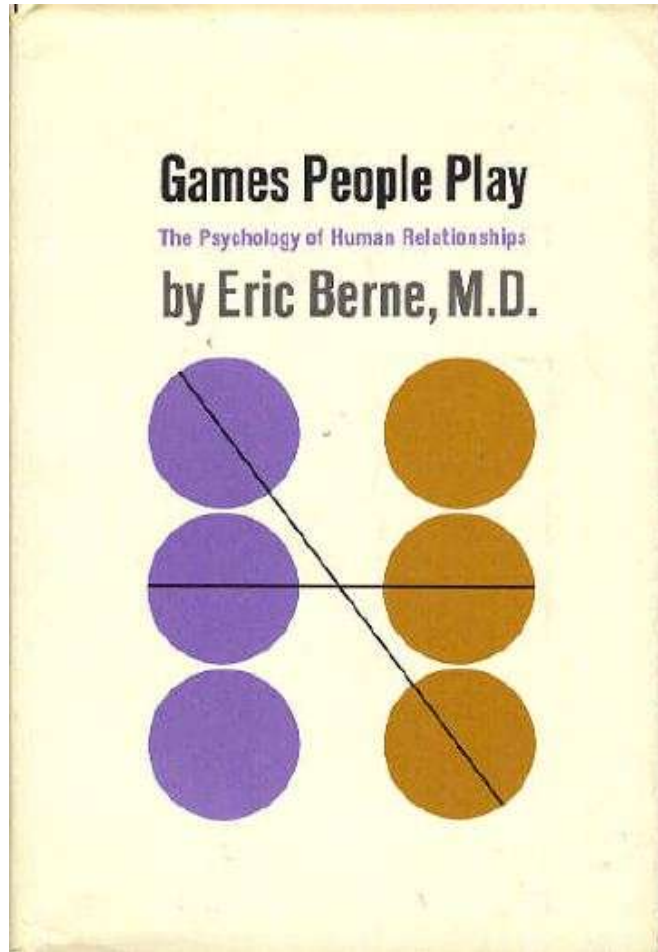
TA Psychotherapy develops



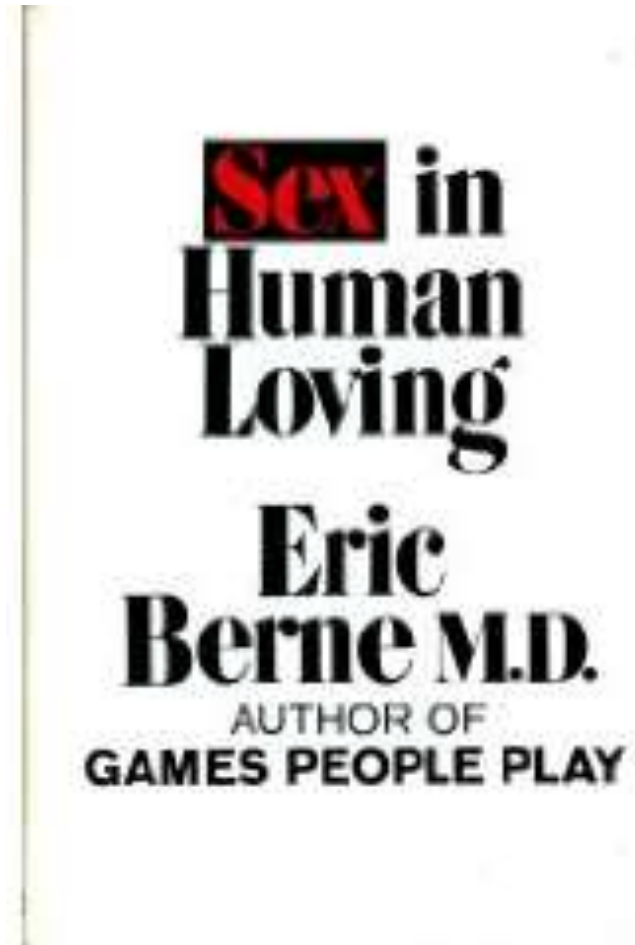
1961

- Tuesday night seminars, 1958
- TA Bulletin, 1962
- ITAA founded, 1964

CLASSICAL Cognitive & Behavioural TA



1964

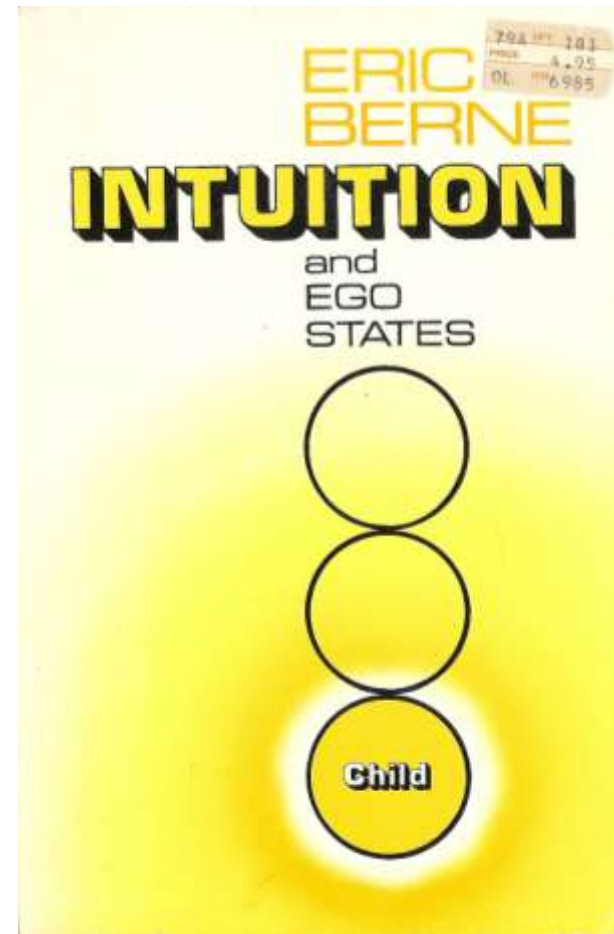


1970

And POSTHUMOUS PUBLICATIONS

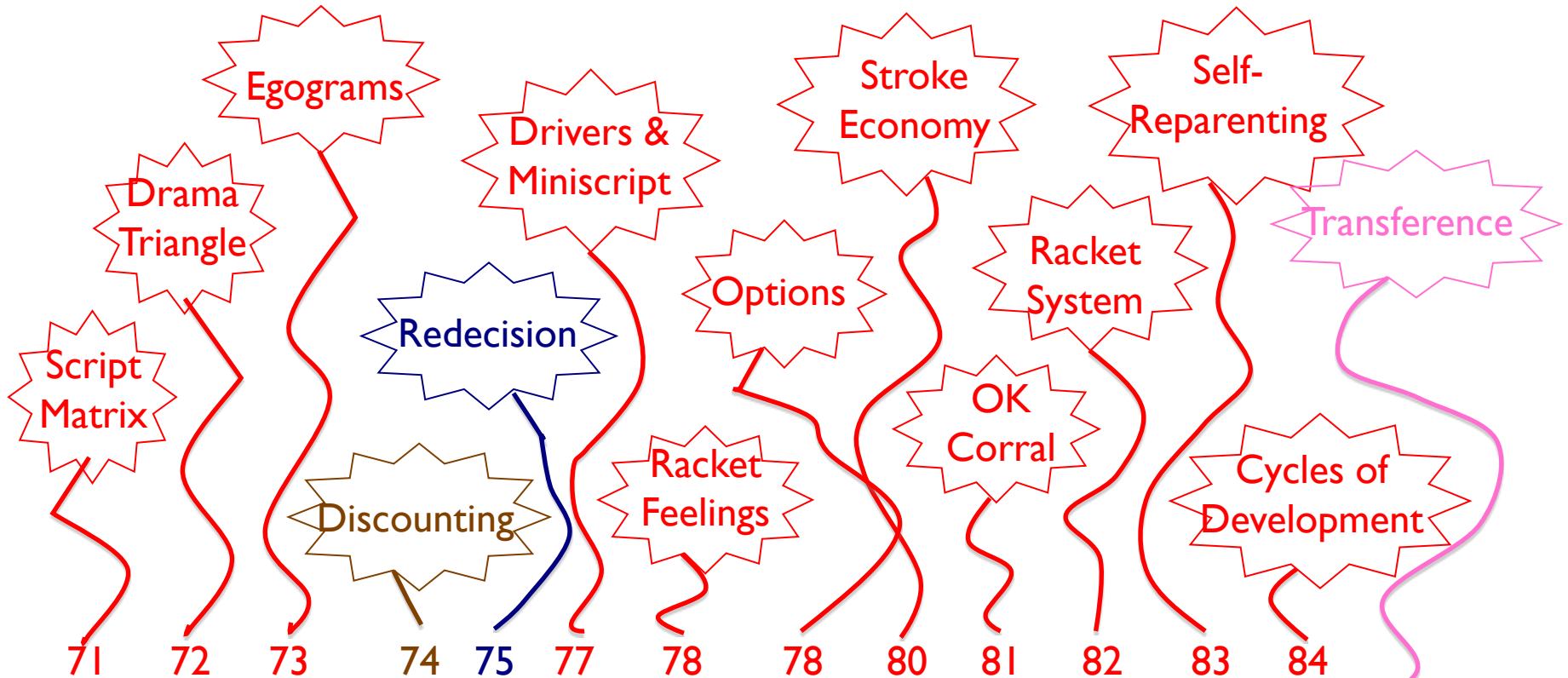


1972



1974

FERTILE GROUND



CLASSICAL Cognitive & Behavioural TA

CLASSICAL Psychoanalytic TA

CLASSICAL TA continues in the 1970s

- **SCRIPT MATRIX Steiner**
- **DRAMA TRIANGLE Karpman**
- **EGOGRAMS Dusay**
- **PERMISSION & PROTECTION Crossman**
- **DRIVERS & MINIScript Kahler**
- **RACKET FEELINGS English**
- **OPTIONS Karpman**
- **STROKE ECONOMY Steiner**
- **OK CORRAL Ernst**
- **RACKET SYSTEM Erskine & Zalcman**
- **SELF RE-PARENTING James**
- **CYCLES OF DEVELOPMENT Levin**

...with a cognitive and behavioural approach

CLASSICAL TA continues to develop — 1980s onwards

- **DOORS Ware**
- **PROCESS COMMUNICATION MODEL Kahler**
- **Publication of TA TODAY Stewart & Joines**
- **PARENT EDUCATION Illsley Clark**
- **PERSONALITY ADAPTATIONS Ware, Kahler (and later Joines & Stewart)**
- **FUNCTIONAL FLUENCY Temple**

...and spin-offs develop...

Process
Communication
1970s



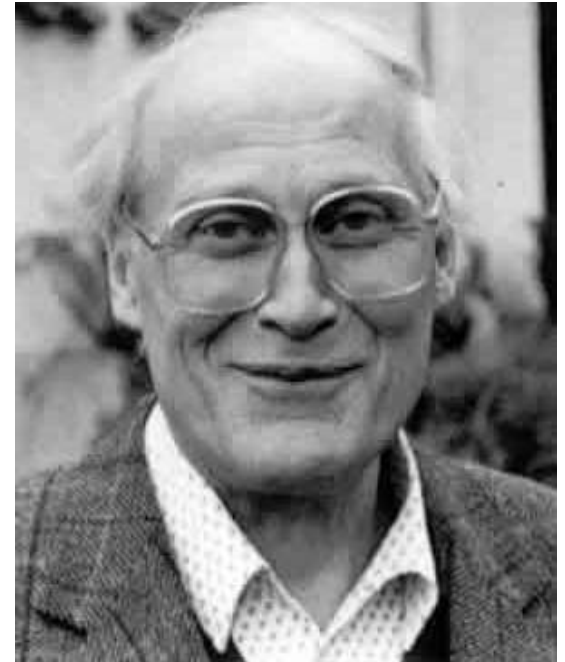
**Taibi
Kahler**

Imago
1980s



**Harville
Hendrix**

Constellations
1990s



**Bert
Hellinger**

...with own qualifications
beyond and separate to TA

Developing TA in Latin America



Roberto Kertesz

THE 10 TA INSTRUMENTS

CATHEXIS 1970s



Jacqui Schiff

Aaron Schiff

Eric Schiff

Ken Mellor

- FRAME OF REFERENCE
- PASSIVE BEHAVIOURS
- DISCOUNT LEVELS
- DISCOUNT MATRIX
- REDEFINING & BLOCKING TRANSACTIONS
- GRANDIOSITY
- SYMBIOSIS
- RE-PARENTING

REDECISION 1970s

**Bob
Goulding**



**Mary
Goulding**

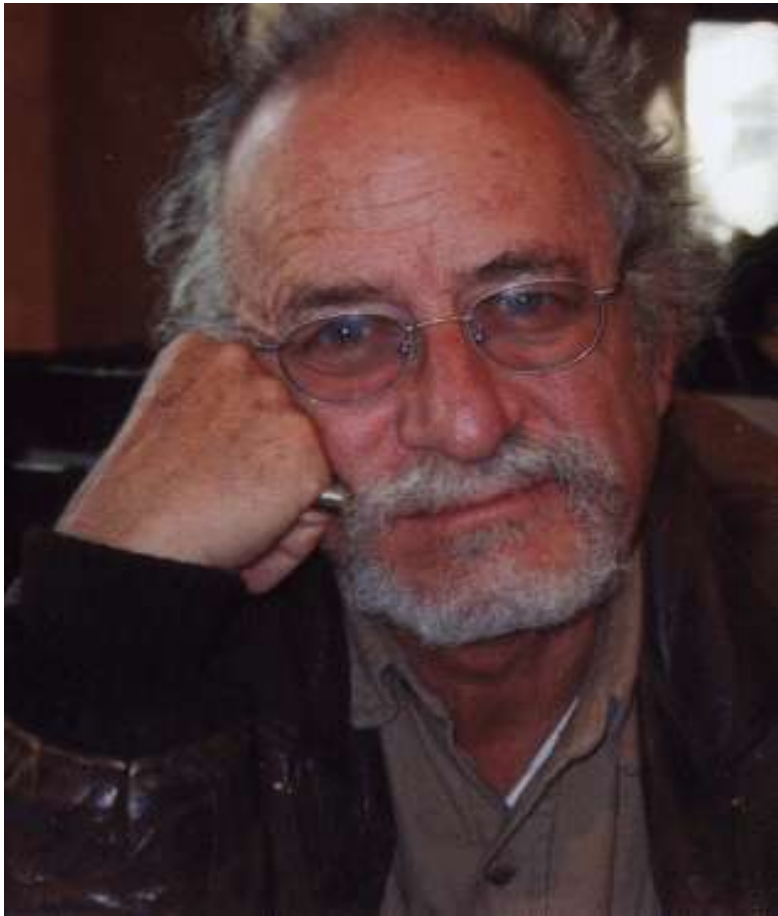


**John McNeel
Vann Joines
Ken Mellor**

- REDECIDE SCRIPT SCENES
- IMPASSE
- INJUNCTIONS

& GESTALT INFLUENCES

RADICAL PSYCHIATRY



Claude Steiner

Hogie Wykoff
Alan Jacobs
Valerie Batts

- STROKE ECONOMY
- PIG PARENT
- POWER PLAYS
- AUTOCRACY
- TARGET/ NON TARGET

And the significance of some key contributions to TA theory are only recognised over time

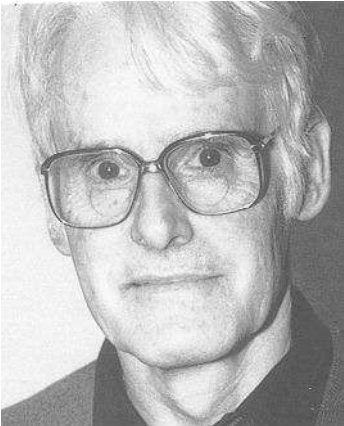
**Bill
Cornell**



**Petruska
Clarkson**



- Bill Cornell's paper on scripts
- Petruska Clarkson's wide-ranging work
- Pio Scilligo's writing on ego-states
- Leonhard Schlegel's writing on theory and his contribution to spreading TA in Europe

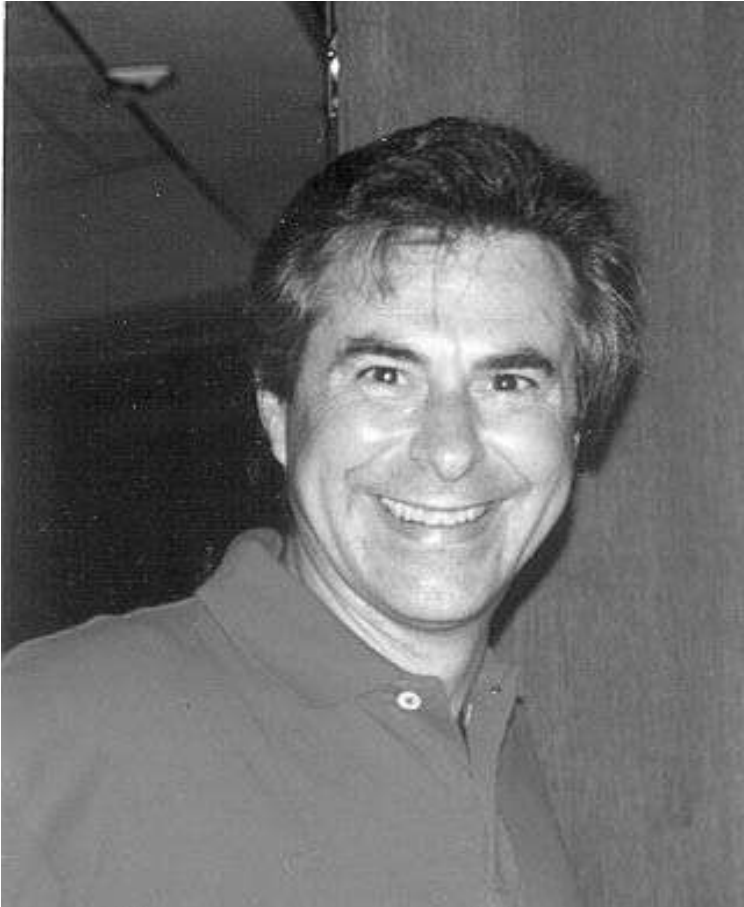


**Leonhard
Schlegel**



**Pio
Scilligo**

INTEGRATIVE TA – also a spin-off



Richard Erskine

REBECCA TRAUTMANN
Charlotte Christoph-Lemke
Landy Gobes
Janet Moursund
Marye O'Reilly-Knapp

- INTEGRATED EGO STATES
- INQUIRY, ATTUNEMENT, INVOLVEMENT
- RELATIONSHIP-SEEKING MOTIVATION
- EMPATHY

CO-CREATIVE TA

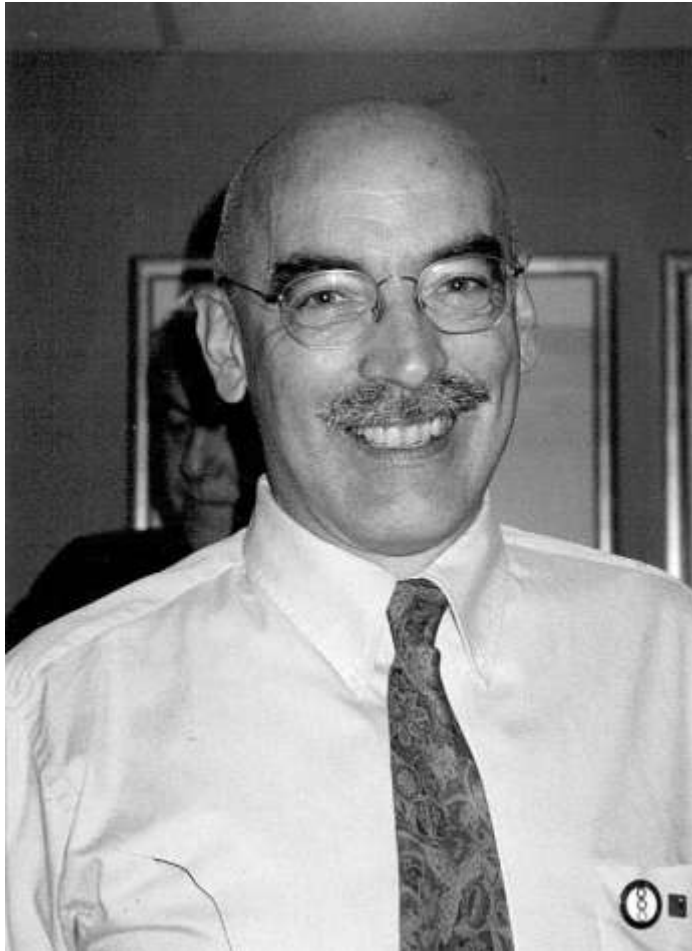


Jim & Barbara Allen
Graeme Summers
Keith Tudor
Jo Stuthridge

- NARRATIVE / STORYING
- CONSTRUCTION OF MEANING
- CREATE NEW MEANINGS
- INTEGRATING ADULT EGO-STATE
- NON-CONSCIOUS
- INTER-DEPENDENCE & HOMONOMY



CLASSICAL psychoanalytic TA



Carlo Moiso



Michele Novellino

CLASSICAL psychoanalytic TA

...

continues to develop

Carlo Moiso

Michele Novellino

Frances Bonds-White

Bill Cornell

Gloria Noriega

Petruska Clarkson

Resi Tosi

Susanna Ligabue

- TRANSFERENCES
- CONTINUAL SCRIPTING PROCESS
- SCRIPT PROTOCOL

AND...

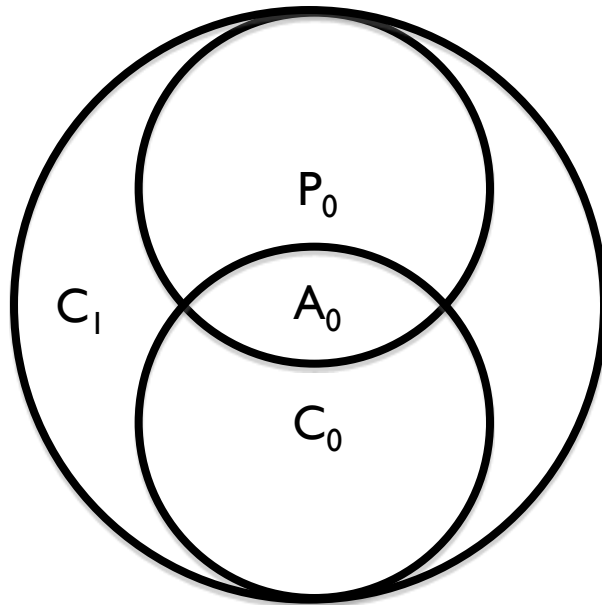


Helena Hargaden



Charlotte Sills

...also develops into **RELATIONAL TA**



Charlotte Sills

Helena Hargaden

Ray Little

Heather Fowlie

- TRANSFORMATIVE TRANSFERENCE
- 3RD ORDER STRUCTURAL ANALYSIS – THE REAL SELF
- EMPATHIC INTERVENTIONS
- 2-WAY STREET

'INDEPENDENT' TA



For example, Bill Cornell combined body therapy and CLASSICAL TA prior to contemporary psychoanalysis informing his TA thinking and writing

versus

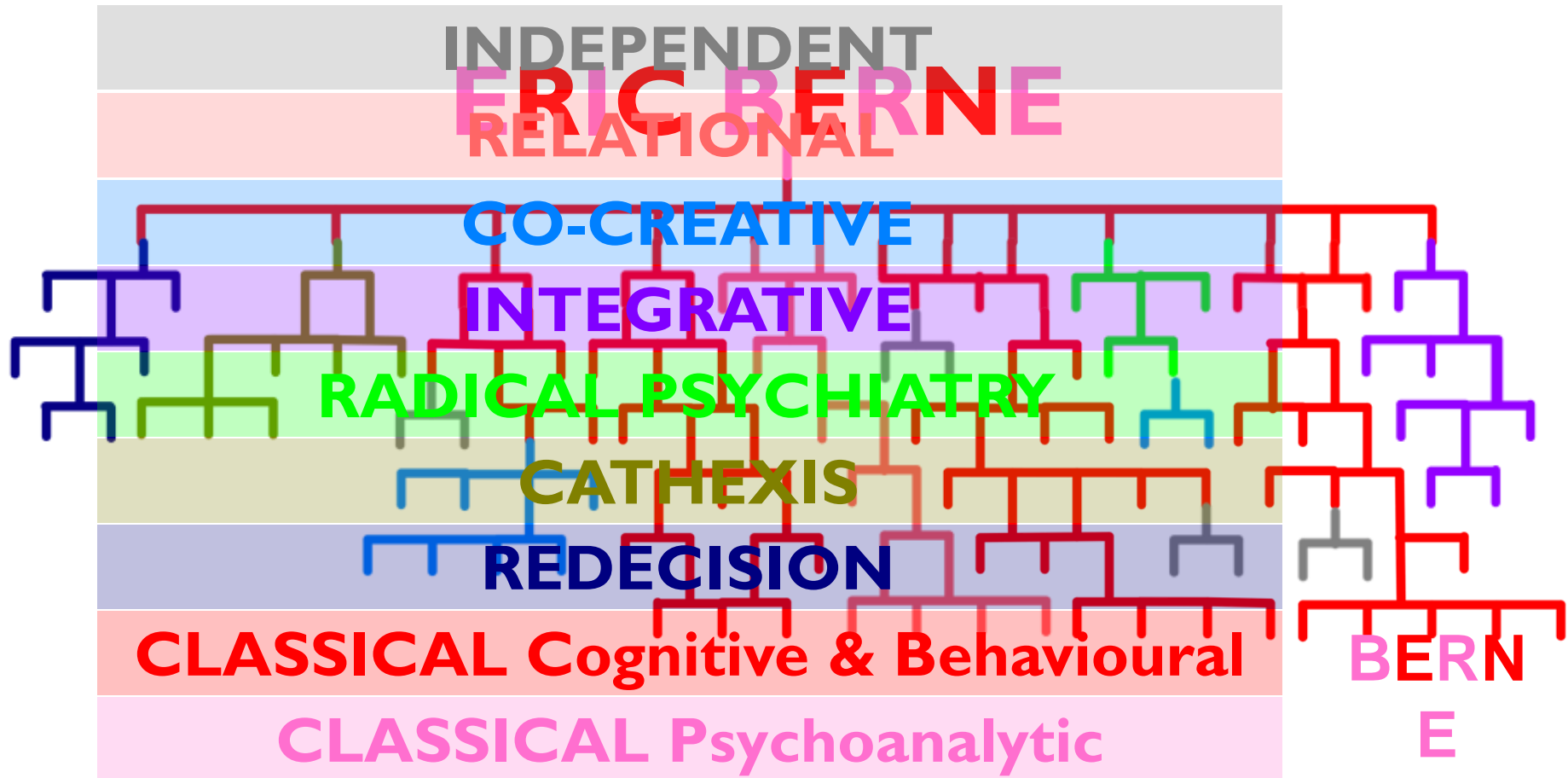
**A BIT of (almost)
EVERYTHING**

TRANSACTIONAL ANALYSIS OVERVIEW



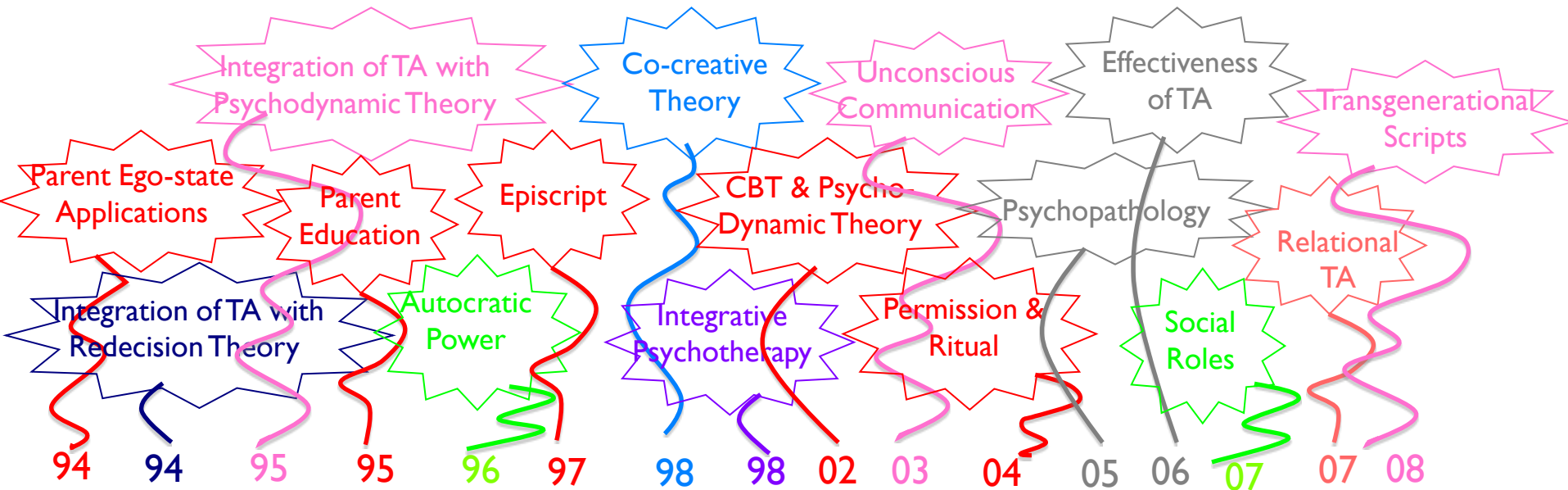
Are there other perspectives?

TRANSACTIONAL ANALYSIS EVOLVES...



...and keeps evolving

MORE FERTILE GROUND



Integration of TA with Psychodynamic Theory, 1995



Peg Blackstone

Transgenerational Scripts, 2008



Gloria Noriega

Psychotherapy with the Parent Ego-State, 1994



Sharon Dashiell Kackman



John McNeel

Applied TA in Parent Education, 1995



Jean Illsley Clark

Hot Potato Transmission & Episcript, 1997



Fanita English

Permission Ritual Therapy, 2004



Pearl Drego

Integration of TA with Personality Adaptations & Redecision Therapy, 1994



Vann Joines

Autocratic Power, 1996



Alan Jacobs

Integrative Psychotherapy, 1998



Rebecca Trautmann

Psychopathology of Schizophrenia, Alcoholism & Homosexuality, 2005



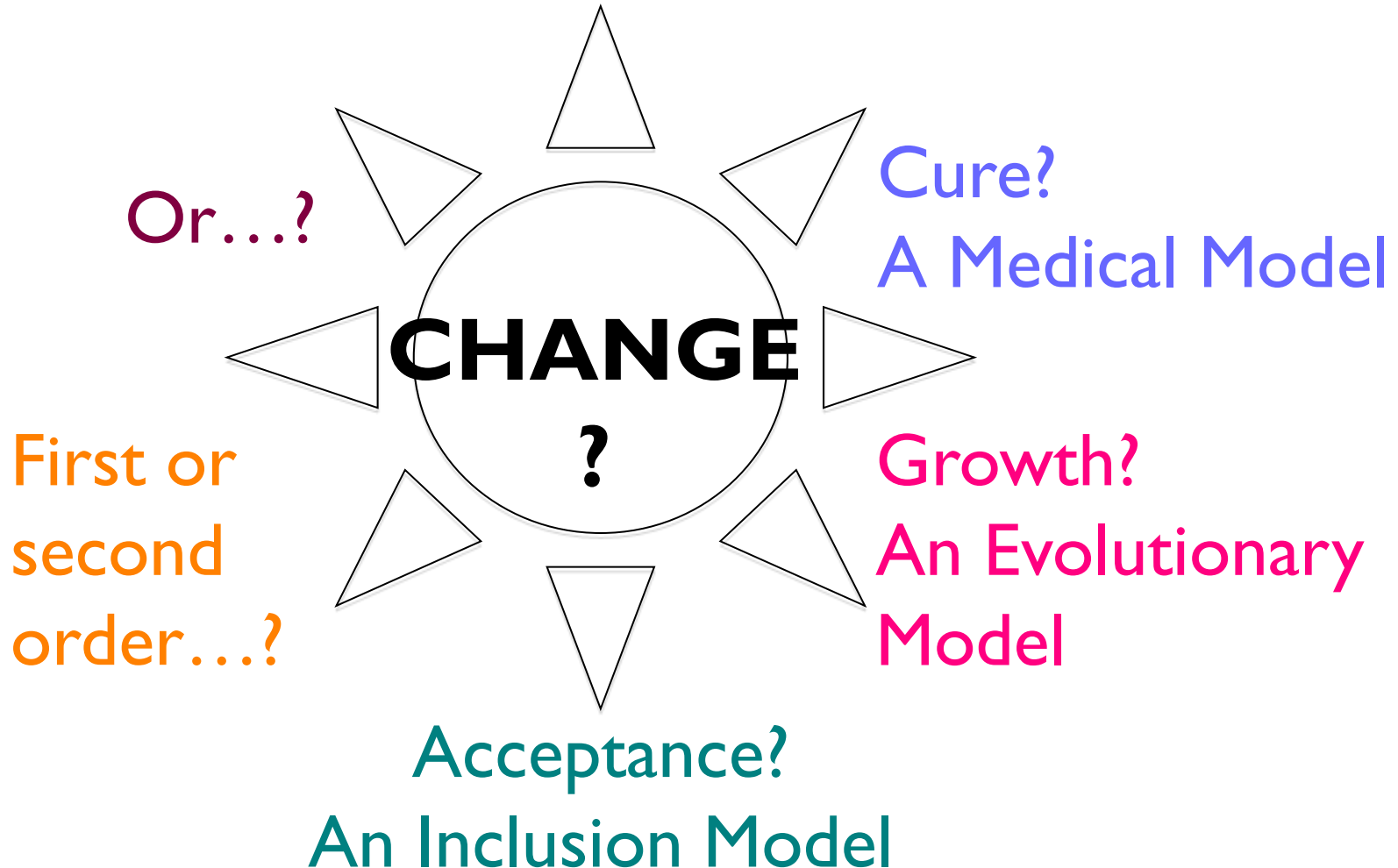
Graham Barnes

Measuring the Effectiveness of TA, 2006



Theodore Novey

What does each TA approach mean by...

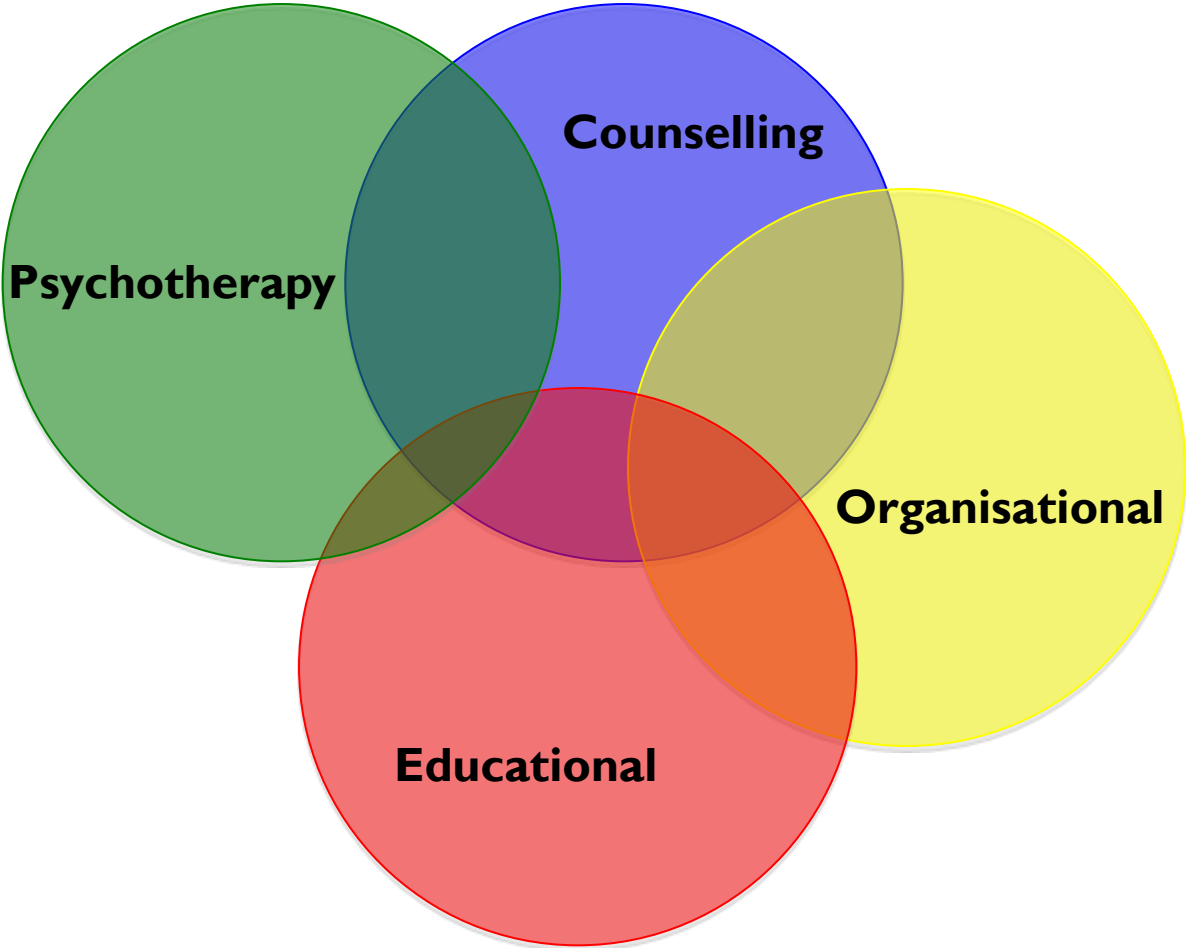


WHERE IS THE TA INTERVENTION FOCUSSED?



Does the field of application make a difference?

Different Orientations of the Four Fields of TA



Purposes of each Field

Organisational TA:

- to increase the effectiveness of people working in organisations, taking into account the organisational context, frames of reference and development

Educational TA:

- to advance personal and professional learning and growth, both scholastic and social

Counselling TA:

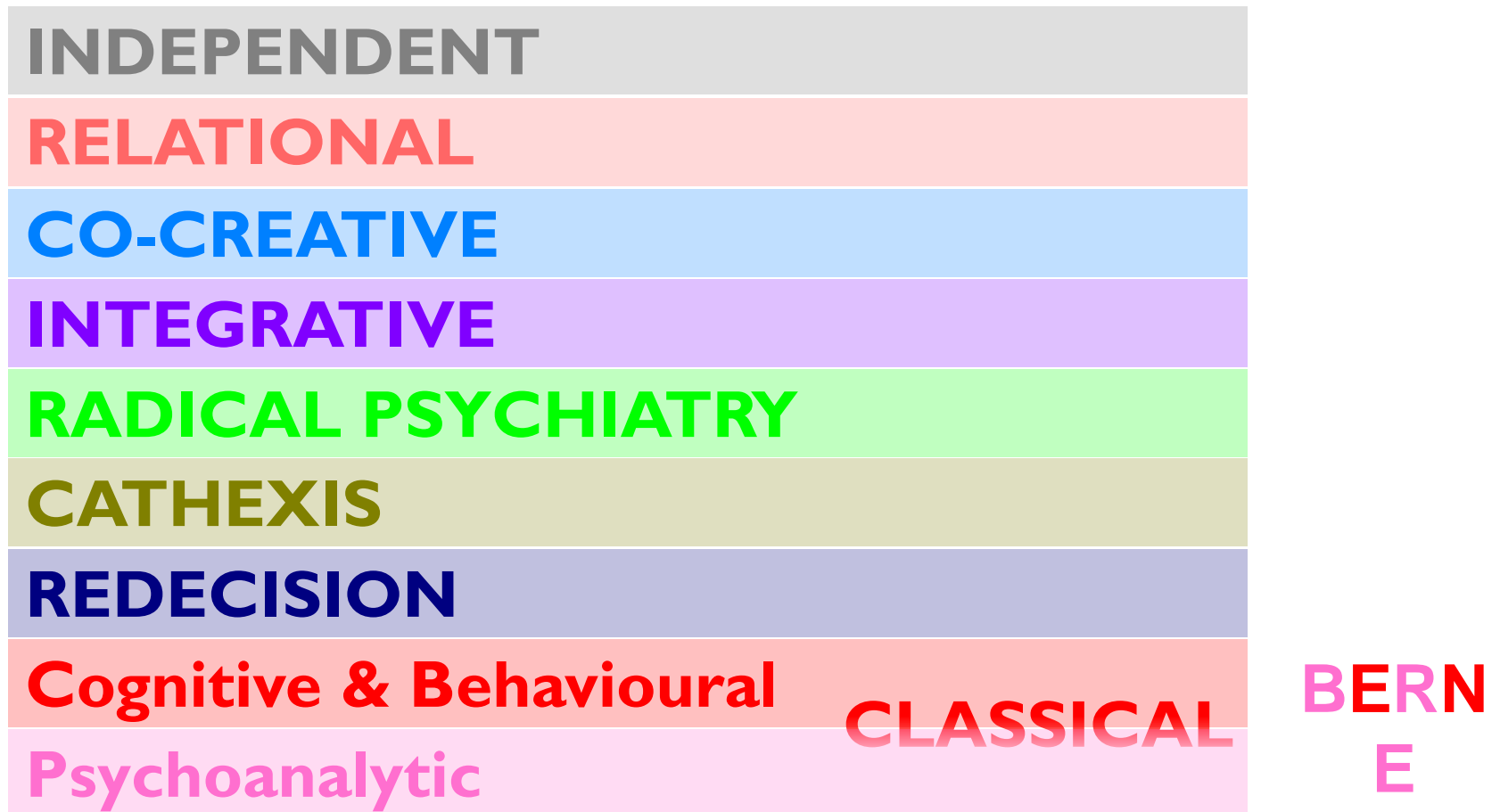
- to increase autonomy in relation to social, professional and cultural environments by developing greater awareness, options and skills for problem management and personal development in daily life

Psychotherapy TA:

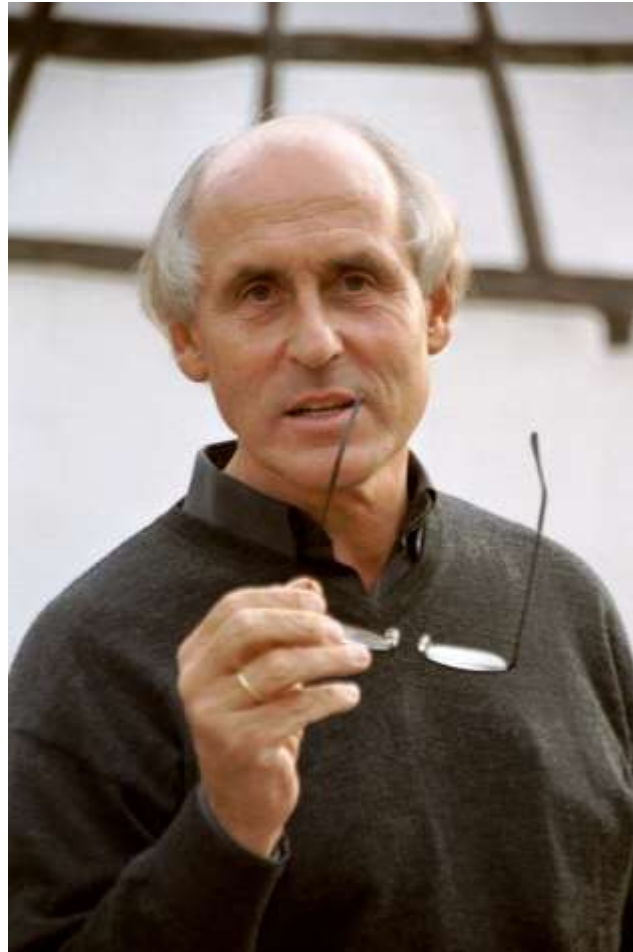
- to facilitate healing, change and self-actualisation through greater understanding of self and relationships, in the past and present, and the creation of conscious, creative and spontaneous options for the future

Counselling TA

Currently primarily uses psychotherapy concepts



Organisational TA



Bernd Schmid

Organisational TA

INDEPENDENT	ORGANISATIONAL ANALYSIS Mohr
RELATIONAL	ROLES Schmid
CO-CREATIVE	COMPLEXITY & EMERGENCE Napper
INTEGRATIVE	RELATIONAL NEEDS Klingenberg
RADICAL	EQUALITIES Batts
CATHEXIS	ACCOUNTING Mellor
REDECISION	RESTRUCTURE CULTURE Balling
CLASSICAL	PERFORMANCE Hay, Krausz, Temple
CLASSICAL	CULTURE, SYSTEMS, LEADERS Berne

Educational TA

INDEPENDENT	SOCIAL ROLES TRIANGLE Le Guernic
RELATIONAL	DISTURBANCE TO FRAME OF REFERENCE
CO-CREATIVE	SCRIPTING AS LEARNING Newton
INTEGRATIVE	RELATIONAL NEEDS IN LEARNING
RADICAL	3-DIMENSIONAL OKNESS White, Davidson
CATHEXIS	CLASSROOM SYMBIOSIS Raimund
REDECISION	PARENT EDUCATION Illsley Clark
CLASSICAL	FUNCTIONAL FLUENCY Temple
CLASSICAL	GROUP IMAGOS Napper & Newton

THE FUTURE OF TA?

new TA theory?

**incorporate
theory from
other
psychologies?**

**other TA
fields of
application?**

**develop
theory of
practice?**

Cognitive
Behavioural
Therapy

Positive
Psychology

**TA & OTHER
PSYCHOLOGIES**

Psychodynamic &
Psychoanalysis

Object
Relations

Gestalt

Neuro-Linguistic
Programming

Group
Relations

Person-
Centered

Systems

EMDR
Eye Movement
Desensitisation &
Reprocessing

EFT
Emotional Freedom
Techniques

A psychological perspective describes coherently...

What is
personality?

What is a
human
being?

What are relationships?
How do we communicate?

How does change occur?
What is development?

How to
practise?

What is the
context or
system?

A special thanks in preparing this powerpoint goes to:

- Alastair Wyllie (Scotland)
- Keith Tudor (New Zealand)
- Günther Mohr (Germany)
- Gloria Noriega (Mexico)
- Tudor, K. and Hobbes, R. (2002) *Transactional Analysis in* Dryden, W. (Ed.) *Dryden's Handbook of Individual Therapy*, pp 256-286. London, Sage Publications (5th ed.)

This PowerPoint presentation has
been designed by
Rosemary Napper, TSTA